

## Head Coach Report May/18

What a great watershow! Thank you everyone for your positive energy. It was great to see so many spectators. This is a wonderful opportunity for the girls to 'perform'. It is nice to see all the girls blend so well at the social. We really are a little club with a big heart!

Star testing for our rec and Master swimmers is complete. Looking ahead to next year, we need to stagger our testing through the season. There are too many swimmers to fit into the 1 hour allotted block. It is great to have Debbie to do our testing for us.

Kelsey is now finished her training program with our girls. The girls liked their sessions. We will look at continuing on next year and focusing on more skill specific to the moves that are unique to our sport.

No word yet on next year's pool time at NAC.

Congratulations to our 11/12 swimmers for qualifying for Espoir in Surrey. Lisa is arranging pool practices etc until the end of May. This is a great opportunity for our young swimmers to experience a National level competition.

I have had a conversation with Debbie regarding next year. At this time she is interested in helping us with our figures and would be interested in coaching the Masters team. She is not interested in coaching an AG Team. She is a great resource and the kids enjoy working with her.

Carol MacFayden