

Head Coach Report May/19

Thank you all for a great watershow and social. Our swimmers always amaze me with their progress.

All LTAD info has been sent in to Synchro BC.

Debbie and I are looking ahead to next season regarding the rec program. There are several swimmers that are in a position to move into our advanced rec program. We think an 'invitation' letter from the club would be a great first step. It would give those athletes a sense of encouragement as we feel they are ready to take on a little more.

Jean Peters – Synchro BC says there is limited pool space for athletes bags. They would like swimmers to leave their bags at the gym in the highschool next door. They will have a volunteer monitoring the room so swimmers can feel comfortable leaving their equipment.

Fri – room A @ NAC 1-5:30pm

- gym 5-8pm

Sat – gym 8am-7pm

Sun – gym 8am-6pm

Carol MacFayden