

Head Coach Report April/23

We have said goodbye to the first AquaGo season. It was really nice to see the enthusiasm in our recreation program again. We are still currently running a 3rd session building on the skills the older girls have acquired. Next year we will structure the rec program a little differently where we will run the program from October to April as we have done in the past. We will still follow the AquaGo levels but add a little extra.

Photo day went very smoothly. Thanks to Jayden for capturing all the activities on camera.

I have replaced our very frustrating cart that holds the sound system at RAC with one that is much easier to roll and get in and out of the storage room. It also has a lid which will help protect the system from any condensation that may occur.

We will be doing time trials on April 18 during regular practice. This year it is for our competitive swimmers only. Awards will be given out at the social after our watershow at NAC.

There is a new event being offered at Jean Peters. It is a freestyle/theatrical event. That is all I know at this point. I know this event is offered at higher levels of competition. It should be an interesting one to watch!

Our room at NAC is confirmed for April 30th from 6-8pm. We will gather after our watershow and give out awards. This is also our goodbye to our master swimmers and our rec swimmers.

Rate increases are probably coming to NAC. There is a meeting on April 19 where they will vote to approve the increases which would be effective September 2023. They are talking about a 3.5 to 7% increase.

Good luck to our swimmers attending Mable Moran this weekend!

Carol MacFayden