

## Head Coach Report October/24

We have organized our AquaGo classes. We had a little bit of shuffling to do to finally settle on 4 new swimmers in the early swim time. We have 4 swimmers in the later swim time. We have a 1 new swimmer joining our returning swimmers to make a team of 8 in LComp. We have 4 competitive swimmers who will swim a team. We have 4 master swimmers who are going to compete in the recreation masters event at Regionals.

Fortunately I had enough Ravensong suits in the right sizes to give to all our new swimmers. We have some swimmers from last season who are asking about a bigger size. How do we feel about this?

Nanaimo Diamonds are building a locked storage unit at NAC that we will share with them. The cost will be what our storage cost was for NAC.

Time trials have been done for the fall.

Medical forms are not on RAMP. Each swimmer through RAMP signs off on: safe & welcoming sport policy... participant waiver... consent for medical treatment... media release. As well, they are asked if they: adhere to BCAS conduct policy... pre-season concussion policy.

What do we want to do with our RAC sound system? It does need attention.

I have had a suggestion from our swimmers that yoga mats with the club logo would be a great idea.

We have an opportunity to get a sport services grant through BCAS again this year. Our experience last year with judges coming to our practice to help the swimmers was well received. Do we want to repeat it again this season?

Are we attending training meet #2 (Dec 14/15) in Coquitlam for our competitive swimmers only? Registration is open and I will start learning that side of RAMP.

How do we feel about our winter social? The community hall in Qualicum is available Friday Dec 6. I have tentatively booked it from 5:30-7:30pm.

Carol MacFayden