

## Head Coach Report Nov/24

LComp had their first Sunday at NAC. All went well. I've had some questions about uniforms they need. It has been just t-shirts... has that changed?

Sport Services Grant application has been submitted. Thank you Lisa.

Social on Dec 6. I have sent out an invitation to all members regarding our social. I have said that the club will buy desserts and drinks. Who will buy these? What activities do we want to have?

I have emailed LComp swimmers to ask them about custom suits for there one swim meet. I understand that the club will pay the deposit to Jessica to get the order going. It is a go and Jessica will start measuring swimmers.

Training meet #2 entries done... it was very straight forward and less cumbersome than the old system.

Swimmers will be competing on Saturday only.

Dec 19 is our last practice before winter break and we will have a mini watershow. We have asked the masters and the later swim time AquaGo team to come at 6:00. We will showcase our routines (5) and have a finale with all swimmers. Parents are invited to come and watch to see our progress so far. We will also do our annual Secret Santa at the end of the watershow.

NAC practice Jan. 12. There is a watershow in the dive tank during our swim time. They are giving us 4 options for that practice.

1 – keep our regular time but not be allowed to play music

2 – change time to 1-3pm but no music allowed from 2-3pm

3 – change time to 5-7pm but no music allowed 5-5:30pm \*\*

4 – cancel

Carol MacFayden