

Head Coach Report May/26

Thank you to all that helped execute our annual spring watershow and social. There were a few errors with our awards but they have all been fixed. AquaGo swimmers who were not at the show have received their packages.

Congratulations to all who attended our Provincial competition in Kamloops. There was certainly a sea of teal and everyone performed to their best ability. Our little club is growing!

I have submitted our requests for NAC for the 2026/67 season. I will do the same for RAC.

We have had a great season with lots of energy in the pool. It has been fun to have 2 LComp teams and they have worked together during several practices. Debbie has relayed recommendations to her AquaGo swimmers regarding next season. There seems to be a lot of chatter in the LComp swimmers about progressing up to Competitive. Our NAC, RAC and QBLB facility rentals have all been great. It is especially great to have QBLB as our dryland space. It is a very large space for our growing club, easy walk to the pool and they allow us to store our inversion trainers & yoga mats in their storage room. As well, we have been given the okay to store them there over the summer.

Thank you for yet another opportunity to teach, share and encourage future artistic swimmers.

Carol MacFayden